UN LOCK

2024 National HRA Stats

Sleep Assessment

These numbers show the performance of our Sleep Assessments in 2024. Similar stats for other service line HRAs are available. Clients can access detailed analytics and reports, with many customization and integration options, in our Management Console. **Contact us for a demo!**

A roll-up of high-level stats for this HRA from all clients.

Performance Statistics

10,333
starts

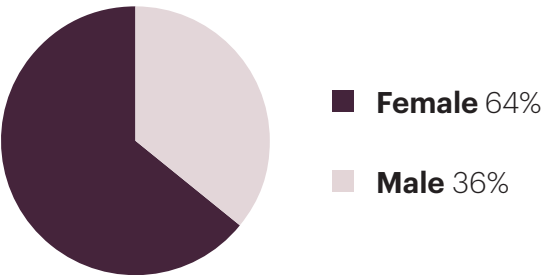**4,232**
completions

42%
completion rate

44%
clicked a call-to-action

Age

Range	Percent
20 - 34	38%
35 - 44	19%
45 - 54	16%
55 - 64	13%
65 - 90	14%

Completions

- **Female** 64%
- **Male** 36%

Demographics

Ethnicity	Percent
African American	14%
American Indian	0%
Asian/Pacific Islander	0%
Hispanic/Latino	8%
White	76%
Other	2%

Primary Result

Result Category	Percent
High Risk	57%
Low Risk	30%
Unknown Risk	12%

More Information at: go.unlockhealthnow.com/unlock-hras/