

Sleep

These numbers show the performance of our Sleep Assessments in 2025. Similar stats for other service line HRAs are available. Clients can access detailed analytics and reports, with many customization and integration options, in our Management Console.

A roll-up of high-level stats for this HRA from all clients.

Performance Statistics

8,248

Starts

4,207

Completions

47%

Completion rate

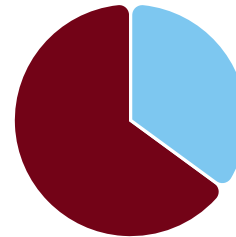
33%

Clicked a CTA

Age

Range	Percent
20-34	42%
35-44	20%
45-54	14%
55-64	10%
65-90	13%

Completions



Demographics

Ethnicity	Percent
African American/Black	13%
American Indian	0%
Asian/Pacific Islander	0%
Hispanic/Latino	9%
White	76%
Other	2%

Primary Result

Result Category	Percent
High Risk	54%
Low Risk	33%
Unknown Risk	13%

More Information at: go.unlockhealthnow.com/unlock-hras/